

## JIMMY POLLARD

Sunday, January 26<sup>th</sup>, 2020 - 6:00 pm

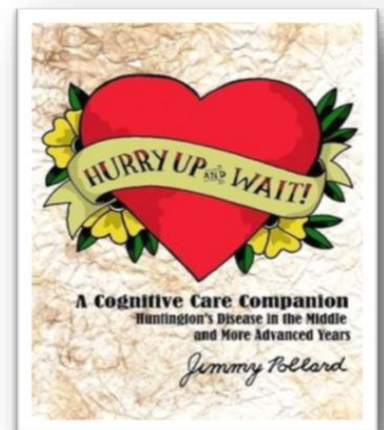
Ronald Reagan UCLA Medical Center

(757 Westwood Plaza, Los Angeles, CA 90095)

**"Hurry Up & Wait:" Thinking About Thinking with HD**

This is a series of interactive exercises that simulates and demonstrates how thinking with HD colors our interactions and challenges how we communicate with one another. Thinking with HD is the primary challenge to those living with it. Accommodating these cognitive changes is just as challenging to family caregivers.

Family caregivers work to understand how HD affects their loved ones' thinking. It takes longer. The little things in life that they once did unconsciously now require conscious effort and become more difficult as the years go by. We see these difficulties but folks with HD can actually **feel** them. Understanding how it **feels** to think with HD helps us see problems in a new light and from their point of view.



Jimmy Pollard has spent the last 32 years working with residents living with HD in nursing homes, assisted living centers and a state hospital; as well as others living in their homes with their family. He trained as a special education teacher and later worked as a nursing home administrator. These days he travels about speaking on topics related to care for the CHDI Foundation.

His primary and ongoing interest is how we can better help those living with HD by accommodating the cognitive challenges which they face moment to moment in their thinking. He says that all the ideas he addresses have been collected, quite literally, from those living with HD themselves or their supporting family members. Many of them at meetings like this one.

***This event is funded by the Huntington's Disease Society of America through an unrestricted educational grant from Genentech.***